# APC Student Physical Requirements

Participation of any of the programs at The Academy of Pet Careers requires students to meet a minimum standard of physical condition. Because you will be working directly with live animals and caring for their wellbeing, these physical requirements are to protect both the student and the animals in their care.

Students will be expected to work with dogs of varying breeds, sizes, and temperaments. Some animals may be stressed, fearful or aggressive and can act unpredictably. Because of this, it is essential for pet professionals to meet the following requirements.

Students who are unable to meet the following requirements should notify The Academy of Pet Careers immediately. The APC welcomes the opportunity to provide reasonable accommodation to students who do not meet one or more of the physical requirements.

# Pregnancy Disclaimer

Students enrolled in any APC program may be exposed to substances such as chemicals, anesthetic agents, pharmaceutical agents, x-radiation and zoonotic diseases and parasites (such as toxoplasmosis), which can cause harm to an unborn fetus, resulting in birth defects and/or miscarriage. All programs include the handling of animals and have potential risk of injury to the student and/or unborn child.

Any student who is pregnant or becomes pregnant while enrolled in any of the programs offered by APC is advised to speak with her physician and make an informed decision on whether to start/continue the program or to elect to be placed on a temporary leave of absence.

# Dog Trainer Physical Requirements by Program

Activity	<b>Professional Dog Trainer</b>	Specialized Dog Trainer
Sitting	Occasional	Occasional
Standing	Constant	Constant
Walking	Frequent	Frequent
Bending Over	Frequent	Frequent
Squatting	Occasional	Occasional
Crawling	Never	Never
Climbing	Occasional	Occasional
Reaching above shoulder	Occasional	Occasional
Reaching below shoulder	Frequent	Frequent
Crouching	Occasional	Occasional
Kneeling	Occasional	Occasional
Balancing	Frequent	Frequent
Pushing/Pulling	Frequent	Frequent
Twisting/Turning	Frequent	Frequent
Lifting (lbs.)	Up to 40 lbs.	Up to 40 lbs.
Carrying (lbs.)	Up to 40 lbs.	Up to 40 lbs.

#### **Additional Requirements**

Both Hands	Both Hands
Both Hands	Both Hands
No	No
No	No
Occasional	Occasional
Occasional	Occasional
Frequent	Frequent
Up to 50 feet away	Up to 50 feet away
No	No
Yes	Yes
Up to 50 feet away	Up to 50 feet away
	Both Hands  No  No  Occasional Occasional Frequent Up to 50 feet away No  Yes

## Additional Dog Trainer Requirements

- Ability to attach and detach training equipment and leash.
- Ability to grasp and hold leash to control a dog of any size.
- Ability to withstand being jumped on by a dog of any size.
- Ability to restrain a dog of any size.
- Ability and agility to maneuver small or cramped spaces.
- Ability to cope with the handling of canine bodily fluids (urine, feces, blood, etc.).

#### **Environmental Conditions**

- Extreme temperatures may exist when training outdoors or on fieldtrips.
- Excessive noise can occur when entering kennel areas.
- Excessive odors from animals and chemicals may occur in kennel areas.
- Close exposure to animal dander and hair.
- **Exposure to chemicals** used for cleaning and disinfecting.
- Exposure to contagious diseases that can be transmitted between animals and humans.
- Uneven surfaces may exist in working environment in the form of stairs, curbs, and ditches.



# Dog Groomer Physical Requirements by Program

Activity	Bather/Brusher	<b>Professional Dog Groomer</b>
Sitting	Occasional	Occasional
Standing	Constant	Constant
Walking	Frequent	Frequent
Bending Over	Frequent	Frequent
Squatting	Occasional	Occasional
Crawling	Never	Never
Climbing	Occasional	Occasional
Reaching above shoulder	Frequent	Frequent
Reaching below shoulder	Frequent	Frequent
Crouching	Occasional	Occasional
Kneeling	Occasional	Occasional
Balancing	Frequent	Frequent
Pushing/Pulling	Frequent	Frequent
Twisting/Turning	Frequent	Frequent
Lifting (lbs.)	Up to 40 lbs.	Up to 40 lbs.
Carrying (lbs.)	Up to 40 lbs.	Up to 40 lbs.
Additional Requirements		
Firm grasp with hands	Both Hands	Both Hands
Fine hand manipulation	Both Hands	Both Hands
Repetitive exposure of hands to water or other liquids	Yes	Yes
Disposable Gloves Required	Yes	Yes
Walking at a brisk pace	Occasional	Occasional
Walking backwards	Occasional	Occasional
Changing direction sharply	Occasional	Occasional
Minimum visual acuity	Up to 25 feet away	Up to 25 feet away
Color differentiation	No	No
Can student wear glasses/contacts?	Yes	Yes
Minimum hearing acuity	Up to 25 feet away	Up to 25 feet away

# Additional Dog Groomer Requirements

- Ability to attach and detach training equipment and leash.
- Ability to grasp and hold leash to control a dog of any size.
- Ability to withstand being jumped on by a dog of any size.
- Ability to restrain a dog of any size.
- Ability and agility to maneuver small or cramped spaces.
- Ability to cope with the handling of canine bodily fluids (urine, feces, blood, etc.).

## **Environmental Conditions**

- Extreme temperatures may exist in bathing and drying spaces when using hot water and/or heated dryers.
- Excessive noise can occur when entering kennel areas.
- Excessive odors from animals and chemicals may occur in kennel or bathing areas.
- Close exposure to animal dander and hair.
- **Exposure to chemicals** used for cleaning and disinfecting environment, and bathing animals.
- Exposure to contagious diseases that can be transmitted between animals and humans.
- **Exposure to sharp objects** such as shears and clipper blades.
- **Uneven surfaces** may exist in working environment in the form of stairs, curbs, and ditches.

# Veterinary Assistant Physical Requirements by Program

<b>Veterinary Assistant</b>
Occasional
Constant
Frequent
Frequent
Frequent
Never
Occasional
Frequent
Frequent
Frequent
Frequent
Occasional
Occasional
Frequent
Up to 40 lbs.
Up to 40 lbs.



#### **Additional Requirements**

Both Hands
Both Hands
Yes
Yes
Occasional
Occasional
Occasional
Up to 25 feet away
Yes
Yes
Up to 25 feet away

### Additional Vet Assistant Requirements

- Ability to attach and detach training equipment and leash.
- Ability to grasp and hold leash to control a dog of any size.
- Ability to withstand being jumped on by a dog of any size.
- Ability to restrain a dog of any size.
- Ability and agility to maneuver small or cramped spaces.
- Ability to cope with the handling of canine bodily fluids (urine, feces, blood, etc.).
- Ability to cope with the sight and handling of deceased animals.

#### **Environmental Conditions**

- Extreme temperatures may exist when assisting with large animal care.
- Excessive noise can occur when entering kennel areas.
- Excessive odors from animals and chemicals may occur in kennel areas.
- Close exposure to animal dander and hair.
- **Exposure to chemicals** used for cleaning and disinfecting.
- Exposure to contagious diseases that can be transmitted between animals and humans.
- Exposure to narcotics, controlled substances, and harmful vapors.
- Exposure to radiation.
- Exposure to sharp objects such as needles and scalpel blades.
- Uneven surfaces may exist in working environment in the form of stairs, curbs, and ditches.